

KNOWLEDGE IS POWER

MAIDEN VISIT OF GOC 57 MTN DIV & CHAIRMAN, LBA



Maj Gen V Sreehari, SC, GOC 57 Mtn Div & Chairman LBA paying floral tribute at the Martyrs Pillar on his maiden visit to the school on 09 Apr 19

Maj Gen V Sreehari, SC, GOC 57 Mtn Div & Chairman LBA made his maiden visit to the school on 09 Apr 19. The visit was aimed at development of the school in various aspects such as academics, NDA, infrastructure, etc. During his visit to the school, the General inspected the classrooms, Labs, MI Room, Dormitories, NDA Resource Center and staff quarters. In his interaction with the cadets of Class XII, he motivated them to work hard with sincerity of purpose and dedication to accomplish goal in life. He assured them to conduct various orientation and interaction classes for NDA from time to time. Before departure, the GOC also interacted with the staff at the Kalpana Hall and donated a sum of Rs 50.000/-.



The GOC inspecting the various development works in the campus



The GOC giving his remarks in the **Visitor's Book**

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From the Editor's Desk

Dear Readers.

It is indeed a great pleasure for me that the new edition of 'The Sangai' has been published. I extend my heartfelt gratitude to the staff who gave their support in publishing the bulletin. I also thank the cadets who sincerely helped me during the publication.

I, earnestly, request my endeared readers to give their valuable suggestions for its further improvement in the next issues.

P Rajeshwor Singh





AISSCE RESULT







Adm No 3433 **Cdt Ronald** Chemistry-84%





Adm No 3489 Cdt Suraj Maths-77%

Adm No D-245 Cdt Jayalukshmi

English-94%

AISCE RESULT



Adm No 3621 Cdt N Naoba Meitei 96.4%

CLASS TOPPERS



Adm No 4008

Cdt Naresh

Class VI, 96.67%



Adm No D-267 Cdt Loyangamba Class VII, 95.71%



Adm No 3700 **Cdt Pointing** Class IX, 91.9%



Adm No 3784 **Cdt Pibarel Class VIII, 97.34%**



Adm No 3519 **Cdt Alison** Class XI, 86.02%

FUNCTIONS AND CELEBRATIONS

70TH REPUBLIC DAY CELEBRATION



The Principal delivering his speech on the occasion of 70th Republic Day Celebration

Sainik School Imphal celebrated the 70th Republic Day with patriotic zeal and fervor at the school premises. Gp Capt HCS Chauhan, the school Principal unfurled the tri-color and addressed the cadets. In his address, he urged each and everyone to pay their rich tribute to the great freedom fighters who had brought freedom, unity and integrity to the nation from the British Colonial Rule. He advised the cadets to remember their duties and responsibilities to protect the sovereignty of the nation and also to render their greatest contribution towards the cause of the country. A Speech Competition was organised to commemorate the occasion. Cdt Aditya (Adm No 3597) and Cdt Tomthinnganba (Adm No 3444) stood first and second respectively in the competition. Cdt Arva of Class VI (Adm No 4028) was given Consolation prize for his speech as a motivation to the young cadets to participate in such competitions.



The School Contingent (Class IX) giving salute to Smt Dr Najma Heptullah, Hon'ble Governor of Manipur during the Republic Day Celebration at 1st MR Ground, Imphal







The School Band giving salute to Her Excellency Smt Dr Najma Heptullah, Governor of Manipur during the Republic Day Celebration at 1st MR Ground, Imphal

Also, a contingent comprising 52 cadets and school Band participated in the March Past Competition of the State Republic Day Celebration held at 1st Manipur Rifles Ground, Imphal. The school Band was adjudged third.



Smt Dr Najma Heptullah, Hon'ble Governor of Manipur handing over the Trophy & Certificate to the School Band which secured 3rd position in the State Level Republic Day Parade 2019 in presence of Shri N Biren Singh, Hon'ble CM of Manipur

<u>ANTIM PAG OF CLASS XII</u>

Passing out Parade (Antim Pag) of Class XII cadets was held on 18 Mar 19 at the Cadets' Mess of the school. Shri Th Radheshyam Singh, Hon'ble Minister of Education and Labour & Employment, Govt of Manipur graced the function as Chief Guest. In his address to the cadets, the Chief Guest, an alumnus (Adm No 228) of the school, shared his memorable experiences of his stay at the school. Being proud of the education given him by Sainik School Imphal, he motivated the cadets to expose themselves to the outside world with the foundation and training given by the school. He also gave away mementos to the passing out Class XII cadets. On the occasion, the Hon'ble Minister handed over Certificates of Appreciation to Mr A Rommel Singh, PGT Biology, Hav Ranbir Singh, PTI and Hav JV Stephen, NCC staff in recognition of their sincerity and devotion to service.



Shri Th Radheshyam Singh, Hon'ble Minister of Education and Labour & Employment, Govt of Manipur taking salute during the Passing out Parade of the outgoing Class XII cadets

BLESSING CEREMONY

'Blessing Ceremony' for the new entrants of Class VI was organised at the Cadets' Mess of the school on 02 Apr 19. Dr Thangjam Munindro Singh, Director of Planning Department, Govt of Manipur graced the ceremony as Chief Guest. Wg Cdr D Shankhwar, Offg Principal, Sqn Ldr Sreeprakash J, Vice Principal, Mr Abdul Haque, I/c Senior Master, staff and parents of Class VI cadets attended the function.



Dr Thangjam Munindro Singh, Director of Planning Department, Govt of Manipur addressing the newly joined cadets of class VI during the Blessing Ceremony

In his address to the young budding cadets, the Chief Guest stressed upon how to learn mechanical subjects like Maths. 'Reasoning and aptitude skills' would be automated once the cadets become exceedingly good in such subjects. Educating the young cadets about





Class VI cadets and their parents at the culmination of the Blessing Ceremony at the Cadets' Mess

aims and objectives of Sainik Schools, he urged them to maintain discipline and also to work hard with enthusiasm and devotion to accomplish their goal in life. A Bara-Khanna was organised as part of the Ceremony. In culmination, cadets sought blessings from their parents for their success and well-being during their stay at the school.

INVESTITURE CEREMONY

Investiture Ceremony for the first half of the academic session 2019-20 was conducted at the school Assembly Ground on 29 Apr 19. On the occasion, ranks and badges were given to the cadet appointments by the School Principal. The Investiture Ceremony is organised on half yearly basis in order to provide opportunities to maximum cadets to imbibe leadership qualities. During his address to the cadet appointments, Gp Capt HCS Chauhan, Principal advised them to make a pledge to render their duties with dignity and humility.



The School Principal putting ranks & badges to the newly selected Cadet Appointments

CERTIFICATES OF APPRECIATION

Certificates of Appreciation were given away to the newly elected Cadet Appointments by the school Vice Principal during a special occasion on 03 May 19. Sqn Ldr Sreeprakash J, Vice Principal gave away the Certificates to the cadets on ranks and badges to recognise their sincerity, devotedness to rendering duties and relentless efforts to instil good discipline amongst the cadets during a special Morning Assembly of the school.



Certificate of Appreciation being given to Cdt Karnamoi, School Captain by Vice Principal

5TH INTERNATIONAL YOGA DAY CELEBRATION

5th Sainik School Imphal celebrated the International Yoga Day at the school Assembly Ground on 21 Jun 2019. On the occasion, Day Scholar cadets, staff members, families, parents and Alumni members participated in the celebration with great zeal and enthusiasm. Wg Cdr D Shankhwar, Offg Principal addressed the gathering after reading out the message of the Hon'ble Prime Minister. In his address, the Offq Principal brought out the benefits of Yoga to our health and also its characteristics as an invaluable gift of India's ancient tradition, embodiment of unity of mind & body, thought & action and restraint & fulfillment. Further, he encouraged the participants to practice Yoga regularly to remain healthy. The celebration concluded with an Open Quiz Competition and prize distribution to the winners by the Offg Principal.







Observation of 5th International Yoga Day at the school INAUGURATION OF DRINKING WATER POINT

Shri L Sushindro (Yaima) Meitei, MLA, Khurai Assembly Constituency, Imphal inaugurated a Drinking Water Point at water point area of Sainik School Imphal on 16 Jan 2019. This scheme was initiated by the school under the patronage of the Principal to provide potable water to the inhabitants of Haotal village and also to curb their grievances. The water point will be able to supply filtered tap water 24x7 to them.



Shri L Susindro Meitei, MLA, Khurai Constituency, Imphal inaugurating the Drinking Water Point at the School Water Point on 16 Jan 19

VISITS, TOURS AND OUTINGS

VISIT TO 57 MTN DIV

Cadets of Class XII went on a motivational tour to 57 Mtn Div, Leimakhong along with Mr TK Nath, PGT Maths, Mr Abdul Haque, PGT English, Mr Manoranjan, TGT Science, Sub Dwangliana and Hav Stephen on 13 Apr 19. During the visit, the cadets got the opportunity to interact with the Officers and witness some inventories of Indian Army. After a movie at the Auditorium of 57 Mtn Div, the cadets witnessed a weapon display and participated in Long Range Shooting. They were also briefed about war equipment and aviation.

<u>NDA TOUR</u>



School cadets at National Defence Academy, Pune

A team of 45 cadets from class VII to XI visited National Defence Academy (NDA), Pune from 24 May to 28 May 2019. The team was led by Mr TK Nath, PGT Maths and Mr Th Thoiba, TGT Social Sc. The tour was organized by the school with an aim to imbibe military traits to the cadets apart from inspiring them to join Defence Services. During the visit, the cadets got opportunities to go to various Defence establishments and others at Pune such as College of Military Engineering (CME), Army Institute of Physical Training (AIPT), Rajiv Gandhi Zoological Park and Wildlife Research Centre and 2 Wing Air Force. They also interacted with the ex-cadets of the school at NDA and gathered enormous knowledge and experiences from them. The light & sound show which showcased history of NDA was the icing on the cake.



School cadets posing for the lens at National Defence Academy, Pune

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RAMAN HOUSE OUTING FOR BECOMING COCK HOUSE CHAMPION

Raman House went to Sekmai, Imphal West under the guidance of Mr PD James, House Master along with affiliated teachers on 03 Feb 2019. It was organized by the school with an aim to encourage the Ramanians who exhibited their excellent performance in winning the Cock-House Trophy for the academic session 2018-19.



Cadets of Raman House on an outing at Sekmai on 03 Feb 19 VISIT TO IMPHAL PEACE MEMORIAL

A team of fourteen cadets of Class IX accompanied by Sub Dwangliana and Hav Stephen, NCC staff of the school went to Imphal Peace Museum at Maibam Lotpa Ching, Nambol on 22 Jun 19 to attend the 75th anniversary of Battle of Imphal. In the solemn function attended by Ambassador of Japan to India, British High Commissioner to India and Shri Karam Shyam, Hon'ble Minister of CAD and PD, Govt of Manipur, the cadets and NCC staff of the school paid floral tributes to the martyrs. On the occasion, Imphal Peace Museum was inaugurated in the Memorial complex where a battle was



School Cadets and staff during the 75th anniversary of Battle of Imphal at Maibam Lotpa Ching, Bishnupur District

fought between the British and Japanese troops during II World War. Then, they headed to Manipur Film Development Corporation (MFDC) at Palace Compound, Imphal to attend a function graced by Shri N Biren Singh, Hon'ble Chief Minister of Manipur.

AWARDS

SUBROTO CUP SCHOLARSHIP

Subroto Mukerjee Sports Education Society, New Delhi selected Cdt Sridarth (Adm No 3674) of Sainik School Imphal to award Subroto Cup Scholarship of Rs 15,000/- for his outstanding performance during 59th Subroto International Football Tournament 2018 held at Rajasthan and New Delhi. The cadet has now been selected to play for India in the Under-15 football team.



Cdt Sridarth Nongmeikapam

NCC CAMP



Brig RS Sethi, Gp Cdr NCC 14 Battalion, Imphal along with Principal during the Opening Ceremony of the Annual Training Camp of NCC, Sainik School Imphal

Annual Training Camp of NCC (IND COY), Sainik School Imphal was conducted at the School Drill Square for Senior Division in collaboration with NCC 14 Battalion (Independent Company), Imphal, from 10 Jan to 19 Jan 2019. Brigadier RS Shethi, Group Commander, NCC 14 Battalion graced the Opening Ceremony of the Camp as







Cadets being trained for Tent Pitching during the Camp Chief Guest. During his interaction with the cadets, the Brigadier summarized the benefits of joining NCC Camp. He shared his adventurous experiences in such camps. Various activities such as Tent Pitching, Long Range Firing, Map Reading, etc were conducted during the Camp. Officers and personnel from Traffic Police, Imphal East and State Fire Department visited the school during the Camp and delivered a series of lectures on various topics to the cadets at Kalpana Hall. Wg Cdr D Shankhwar, Administrative Officer of the school also briefed the cadets about the role and objectives of Indian Air Force in the context of the country. The cadets also went to Manipur Police Training Centre at Pangei, Imphal East where Long Range Firing was conducted with the officials of the Training Centre. The Camp concluded with a motivational speech by Vice Principal and distribution of Certificates to the cadets.



Cadets taking part in Firing during the NCC Camp

GOODWILL CAR RALLY

The second edition of Goodwill Car Rally of Sainik School Imphal Alumni Association (SSIAA) was flagged off by the Principal from their alma mater on 11 Mar 19. The team in the rally comprised of 28 members including families of Alumni and youths of the host village Khamasom, Ukhrul District. During his interaction with the team members, the Principal appreciated their spirit of adventurism and volunteerism. The three-day long Car Rally was aimed at promoting adventure, eco-tourism and home stay. Highlighting the procedure for admission to Sainik School and health counseling with collection of blood samples for Hepatitis-C test under the aegis of Babina Diagnostics, Imphal were also some of the salient features of the Rally.

TV DAY FOR CLASS VI CADETS

Cadets of class VI were given the opportunity to watch the live telecast of the interaction between Hon'ble Prime Minister Shri Narendra Modi and the students at dormitories on 29 Jan 19. The TV day was specially arranged by the school for the young cadets in order to inculcate the spirit of self confidence and motivation.



Cadets watching the live telecast of Hon'ble Prime Minister Shri Narendra Modi interacting with the students

EK BHARAT SHRESHTHA BHARAT



Cultural team of Sainik School Imphal at SS Bijapur, Karnataka





Ten cadets from class VII and VIII of Sainik School Imphal participated in Ek Bharat Shreshtha Bharat which was organised at Sainik School Bijapur, Karnataka from 29 to 31 Jan 19 under the supervision of Mr A Ashok Kumar Singh, Diploma in Fine Arts. During the cultural programme which was organised by Sainik Schools Society, Ministry of Defence, New Delhi for all Sainik Schools in the country, the cadets got the opportunity to interact with each other. Sense of integrity and camaraderie amongst the cadets coming from different places are the basis of organising such a programme. On the occasion, the participating cadets of the school showcased their latent talents by performing various traditional dance and cultural activities.

NTSE EXAM

Nine cadets of the school brought glory to the school by clearing NTSE Stage I Exam 2018. Cdt Rickyraj (Adm No 3612), Cdt Malemnganba (Adm No 3661), Cdt Chesam Izaz (Adm No 3625), Cdt Oinam Sital (Adm No 3630), Cdt Leishemba Yengkhom (Adm No 3606), Cdt W Rameshchandra (Adm No 3653), Cdt Aditya Singh Haomom (Adm No 3597), Cdt Khwairakpam Nganba (Adm No 3616), Cdt Sohail Star (Adm No D-255) and Cdt N Naoba Meitei (Adm No 3621) qualified both District Level and State Level NTSE Exams 2018. In the District Level, Cdt Malemnganba stood first for Bishnupur District and received a trophy, certificate and a cash prize of Rs 3000/-. Cdt Chesam Izaz, Cdt Khwairakpam Nganba and Cdt Rickyraj stood first, fourth and fifth positions respectively in the State Level Competition. They were awarded with trophies, certificates and a cash prize of Rs 6000/each. The prizes were given in a valedictory function organized at Directorate of Education (S), Govt of Manipur on 15 May 2019.



Cdt Chesam Izaz

1st Position



Cdt Kh Nganba 4th Position



Cdt Rickyraj 5th Position

FAREWELL TO CLASS XII

Class XI cadets of the school had organized a variety entertainment programme at the Manekshaw Auditorium to give farewell to the outgoing Class XII cadets on 10 Feb 19. Various activities such as Modern Dance, Solo and Group songs were showcased by the junior cadets to extend their love and memory to the outgoing Class XII cadets. A tambola was also organized to mark the occasion. In an address to the cadets, Wg Cdr D Shankhwar, Adm Officer acknowledged the sincere efforts and enthusiasm of the junior cadets while organizing the programme. He advised the outgoing cadets to guide the junior cadets remembering their love towards them and also to work harder for a successful life.



Class XI cadets presenting a song during the farewell programme

SAINIK SCHOOL TEACHERS WORKSHOP

All India Sainik School Teachers Training Workshop was organized at Sainik School Bhubaneswar from 17 to 22 Jun 19 under the aegis of Sainik Schools Society, Ministry of Defence, New Delhi. Mr Ph Joyshankar Sharma, TGT Social Sc, Mr S Tiken Singh, TGT Comp Sc, Mr P Rajeshwor Singh, TGT English and Mr M Rabi Singh, TGT Maths participated in the Workshop. During the workshop, teachers were given training by the visiting Resource Persons on various topics such as cognitive skills in learning, adolescent teaching, how to motivate the learners, use of audio-visual aids in teaching-learning etc.





Teachers from Sainik School Imphal attending the All India Sainik School Teachers Training Workshop at SS Bhubaneswar

CO-CURRICULAR ACTIVITIES

INTER-HOUSE ENGLISH DEBATE COMPETITION (SR): 21 APR 2019

INDIVIDUAL POSITION				
Cdt Lalthazuala (3650), Netaji House				Ι
Cdt Naoba (3621), Netaji House				Ш
Cdt Leechinghenba (3618), Shivaji House				
HOUSE POSITION				
Netaji	Shivaji	Raman	Tagore	
I	Π	III	IV	



Cdt Lalthazuala, Cdt Naoba and Cdt Leechinghenba giving their performance during the Inter-House English Debate Competition (Sr) at the Manekshaw Auditorium

INTER-HOUSE ENGLISH DEBATE COMPETITION (JR): 21 APR 2019

INDIVIDUAL POSITION				
Cdt Alex (D-259), Shivaji House				Ι
Cdt Pibarel (3784), Netaji House Cdt Bolin (3833), Tagore House				П
HOUSE POSITION				
Shivaji	Netaji	Tagore	Raman	
I	II	III	IV	



Cdt Alex, Cdt Pibarel and Cdt Bolin giving their performance during the Inter-House English Debate Competition (Jr) at the Manekshaw Auditorium

INTER-HOUSE HINDI DEBATE COMPETITION: 21 APR 2019

INDIVIDUAL POSITION				
Cdt Bhavananda (3639), Shivaji House				
Cdt Linthoi (D-258), Raman House				
Cdt Preran Akhanda (4127), Tagore House				
HOUSE POSITION				
Tagore	Shivaji	Netaji		
II	Ш	IV		
	nda (3639), S 9-258), Rama khanda (4127 HOUSE P	nda (3639), Shivaji House 9-258), Raman House khanda (4127), Tagore Hou HOUSE POSITION	nda (3639), Shivaji House 0-258), Raman House khanda (4127), Tagore House HOUSE POSITION	



Cdt Bhavananda, Cdt Linthoi and Cdt Preran giving their performance during the Inter-House Hindi Debate Competition at the Manekshaw Auditorium

INTER-HOUSE FOOTBALL CHAMPIONSHIP (JR): 22 - 29 APR 2019

HOUSE POSITION				
Netaji	Raman	Tagore	Shivaji	
I	I	III	IV	







Netaji House –Champion in Inter House Football Championship (Jr) receiving the Trophy from the Principal

INTER-HOUSE FOOTBALL CHAMPIONSHIP (SR): 28 APR - 03 MAY2019

HOUSE POSITION				
Raman	Tagore	Shivaji	Netaji	
I	II	III	IV	



Raman House –Champion in Inter House Football Championship (Sr) receiving the Trophy from the Vice Principal <u>INTER-HOUSE BASKETBALL CHAMPIONSHIP</u> (JR):08 - 20 APR 2019

HOUSE POSITION				
Raman	Tagore	Shivaji	Netaji	
I	II	III	IV	



Raman House –Champion in Inter House Basketball Championship (Jr)

INTER-HOUSE BASKETBALL CHAMPIONSHIP (SR): 24 APR - 01 MAY2019

HOUSE POSITION				
Raman	Shivaji	Netaji	Tagore	
I	Π	III	IV	



Raman House –Champion in Inter House Basketball Championship (Sr)

CAMPUS NEWS

HANDING OVER WILD BIRDS TO PEOPLE FOR ANIMALS, PFA

Gp Capt HCS Chauhan, Principal of the school handed over 05 Owls which took shelter inside the school building to Mr Deepak Hodam, Joint Managing Trustee of People for Animals (PFA), Manipur on 05 Feb 2019. Thanking the Principal for his noble act, the volunteers of PFA carried out examination of the birds before relocating them to their natural habitat.



The Principal along with I/c Senior Master and staff handing over 05 Owls to volunteers of People for Animals, Manipur on 05 Feb 19.



RADHESHYAM GALLERY

Foundation Stone for construction of the Radheshyam Gallery was laid by Shri Th Radheshyam Singh, Hon'ble Minister of Education and Labour & Employment, Govt of Manipur at the school football ground during a visit to the school on 28 March 19. Officers, staff, Alumni members and cadets were present to grace the occasion. In his speech to the gathering, the Hon'ble Minister said that the initiative was taken up to acknowledge the talents and skills of cadets in sports and also to upgrade the sports complex of the school. A Bara-Khanna was also organized at the Cadets' Mess as part of the occasion.



Shri Th Radheshyam Singh, Hon'ble Minister of Education and Labour & Employment, Govt of Manipur laying the Foundation Stone for construction of the Radheshyam Gallery

WORLD ENVIRONMENT DAY

Sainik School Imphal observed World Environment Day on 05 Jun 19 with great zeal and enthusiasm. To mark the observance, saplings were planted inside the school campus. Officers, staff, family members and children took part in mass during the tree plantation programme. The main motive of the observance was to promote the idea of nurturing the mother earth among the people.

<u>RENOVATION OF SAINIK FOUNDATION</u> <u>SCHOOL</u>

Sainik Foundation School was renovated with an aim to upgrade its living conditions. Installation of wall fans and LED bulbs, roof coloring, construction of two toilets were the major tasks carried out during the renovation. A hallway connecting the gate of the school and its academic building was also constructed.

SUMMER CAMP

Sainik School Imphal had organized a Summer Health Camp from 10 May to 07 Jun 19 in the campus. It was initiated by Sqn Ldr Sreeprakash J. Vice Principal with an aim to keep the children in the campus healthy and also to ameliorate the feelings of oneness among them. Various activities such as aerobic, yoga, athletic events, basketball and football were conducted during the camp. As part of it, trekking was organized at Thangmeiband Cheirao Ching, Imphal. The children also visited Awun Ching at Pheidinga, Zoo at Iroishemba and historical Kangla. The essence of such a camp was imparted to the children when they had a Night Movie and Camping. The Camp concluded with bonfire, dance and music leaving behind a fond memory.

ROUTINE AEROBIC IN THE SCHOOL

Aerobic exercise has been started in the Manekshaw Auditorium of school under the initiative of Sqn Ldr Sreeprakash J, Vice Principal. Taking health and solidarity as very important parameters in an educational institution, the aerobic was formulated in the school as a routine exercise for the staff, cadets and family members.

CONGRATULATIONS

To Wg Cdr Sreeprakash J, Vice Principal on being promoted to Wing Commander on 17 Jun 19.



Wg Cdr Sreeprakash J

To Mr Premchand on being a proud father to his second baby girl.

